

2015 RESULTS

Saturday - Jan. 3th, 2015, 8:30 AM
Bangs Canyon Trail Run - 30K, 60K
Bangs Staging Area

With some last minute snow the course was about average this year with packed atv track on most of the course and some longer sections with loose dry powder. The temperature was relatively warm starting in the 20s and reaching low 30s later in the day. Cloud cover kept it from feeling too warm.

Once again, no one was willing to head out for a second loop to take on the 60k this year.

In the women's race Keith Frates ran steady to capture yet another women's title. Shannon Koch powered along to second and Kristi Siman edged out Laura Wetstine for third.

In the men's race James Roche cemented his lead on the long climb up Old Windmill, steadily pulling out of sight. Giff Walters and Patrick Hummel would duke it out until the final climb when Giff closed the deal and a late closing Scott Vig would have to settle for 4th.

Matt Rutledge, traveling from Golden, took home the second annual Jeff Recker Bonk award. Greg Hewitt, Esa Crums, and Heath Scott opted to spot everyone a 15-20 minutes by missing the start. Last but not least, Kathy Donoher persevered getting turned around on course and made it back home just in time for the after party.

A good time was had by all at the post race camp fire. Special thanks to Ray Jensen for going above and beyond again this year providing music, fire, food, and drink. He gets the super boy scout award.

If you had fun, bring a friend next year!

-Kevin

60k

NONE

30k

1. 2:48 James Roche 27M
2. 3:03 Giff Walters 29M
3. 3:06 Patrick Hummel 30M
4. 3:08 Scott Vig 40M
5. 3:16 Donald Tietsema 29M
6. 3:23 Sean Wetstine 39M
7. 3:29 Jeff Friedman 31M
8. 3:34 Kevin Donoher 35M
9. 3:44 Keith Frates 54F (1F)
10. 3:51 Adam Byerly 35M
11. 3:42 Chris Wright 42M
12. 3:55 Rob Tran 48M
13. 3:56 Kirk Apt 52M
14. 3:59 John Constan 47M
15. 4:01 Shannon Koch 40F (2F)
16. 4:02 Greg Hewitt 58M

17. 4:11 Kyle Stone 46M
18. 4:26 Kristi Siman 35F (3F)
19. 4:26 Laura Wetstine 32F (4F)
20. 4:41 Karah Levely 41F (5F)
21. 4:59 Matt Rutledge 38M
22. 4:59 Ernie Langelier 62M
23. 5:01 Amy Cunningham 38F (6F)
24. 5:07 Sue Drake 58F (7F)
25. 5:12 Esa Crums 33F (8F)
26. 5:12 Heath Scott 40M
27. 5:12 Tracy Mucha 33F (9F)
28. 5:42 Wilmer Perez 66M
29. 6:39 Conrad Cole 64M
30. 7:04 Katherine Donoher 36F (10F)

??k

Kristin Coakley
Kelly Curry
Kathaleen Recker
Ranee Bergen
Butch Karl