

July 9, the 'top of the whirled' CRAG CREST TRAIL 10.5 MILE – Trailhead above Island Lake Trailhead on the Mesa! The Race Director (Dr. P W) reports: *45 + runners. Perfect day – no-one lost nor seriously injured. Tom Ela put out flags and markers and gave the opening spiel.*

The beauty of it was the good time we all had, enhanced by 3- or 4 Mexican side-dishes and chips, a shrimp/jalapeño spread, water-melon, cantaloupe, popcorn ... quite a spread. No booze, thankfully (Nat. Forest). Melba, Cheryl, Michele (daughters) and Holly (grand-daughter) wouldn't have been anywhere else.

There even was a visiting ultra-runner (Bill Parnell - ?) who was on his way to a 50k in Gould (near Steamboat Spgs). He was cooking something in a frying pan over a propane stove when I arrived. Thanks to all who were part of this!

FINISHERS IN ORDER OF THE MOST TIME SPENT ENJOYING THE COURSE: 45. Barbara DeFeyter, 4:37:55
44. Conrad Cole, 3:53:25 43. Tom Alford, 3:24:04 42. Liz Smith, 3:10:00 41. Steve DeFeyter, 3:06:29
40. Shannon Markley, 3:05:59 39. Lynn Alford, 3:05:44 38. Lara Schneider, 3:04:00 37. Randee Bergen, 3:03:16
36. MaryJane Hohne, 3:03:14 35. Corey Hinman, 2:56:43 34. Shery Bohnian, 2:54:55 33. Jan Peart, 2:54:51
32. Cozy Davis, 2:47:57 31. Max Barnstead, 2:46:25 30. Dan Unrast, 2:37:32 29. Shannon McIntyre, 2:36:47
28. Steven Sweat, 2:28:34 27. Karla Nephew, 2:28:34 26. Dave Knutson, 2:28:04 25. Laura Venner, 2:27:46
24. Penny Vercelline, 2:22:33 23. Kristi Siman, 2:21:28 22. Dan Pennell, 2:21:25 21. Kerry Hicks, 2:21:19
20. Brian Buechler, 2:21:13 19. Gary Kowalski, 2:21:12 18. Lori Stone, 2:20:47 17. Donna Tzheni, 2:17:58
16. Bill Pannell, 2:16:01 15. Glenn Fitzgibbons, 2:15:37 14. Tom Ela, 2:15:36 13. Steve Ela, 2:15:13
12. Kyle Stone, 2:09:17 11. Norv Larson, 2:04:06 10. Brad Rugel, 2:03:42 9. Michael Charnick, 2:03:32
8. Richard Ruiz, 2:01:29 7. Ernie Langelier, 1:57:37 6. Jeremy Gerlach, 1:54:14 5. Andy Mohler, 1:50:48
4. Heath Hibbard, 1:47:09 3. Levi Broyles, 1:41:48 2. David Stewart, 1:35:39
& LAST in the category of time spent enjoying the course: James Roche, 1:27:44